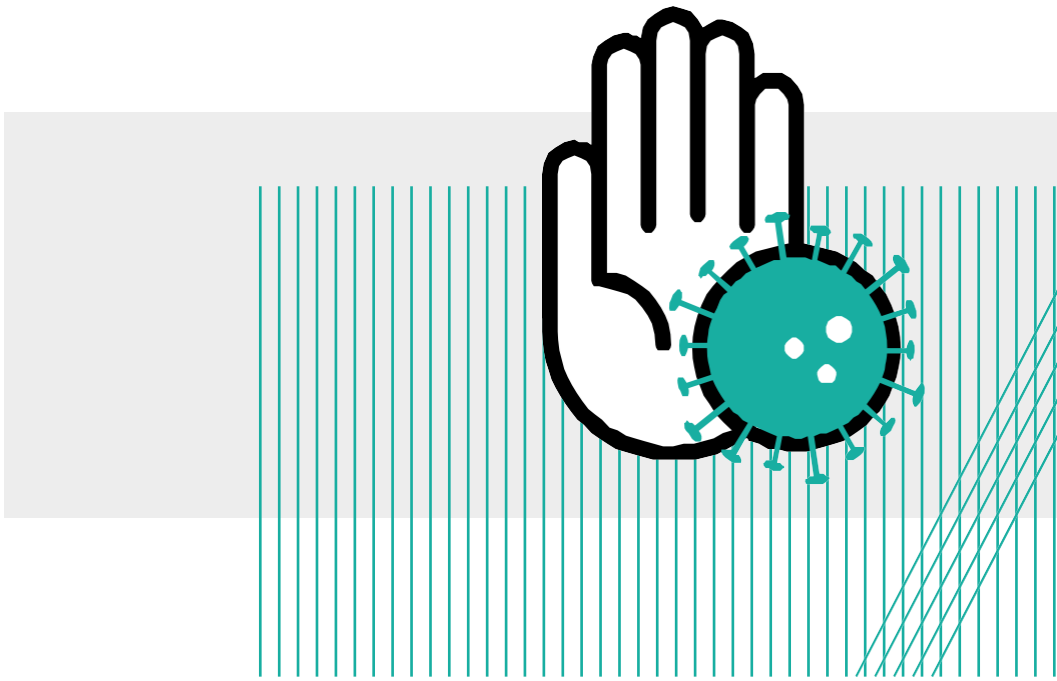
PATIENTS



ACTION PROTOCOL COVID-19

UNDERSTAND IT, LEARN IT, APPLY IT

UCA
Unidad de Cirugía Artroscópica
Arthroscopic Surgery Unit

vithas hospital San José

With the guarantee and medical support of the UCA (Arthroscopic Surgery Unit) of Dr. Mikel Sánchez

BEFORE ATTENDING THE CENTER

ATTEND ALONE WHENEVER POSSIBLE

If the patient is a minor or an adult in need of assistance, only one accompanying person may attend.

NOTIFY AND DO NOT ATTEND THE SESSION IF YOU HAVE ANY SYMPTOM

Fever, cough, loss of smell, contact with someone with COVID-19 in the last 14 days, gastrointestinal symptoms...

AVOID BRINGING ACCESSORIES

Bracelets, necklaces, piercings, earrings, sunglasses ... In order to reduce the risk of contagion, avoid bringing accessories, since it has been shown that the coronavirus can remain for days in metallic materials.

ATTEND TO YOUR APPOINTMENT ON TIME

On account of our schedule is designed according to the recommended security protocols, it should not be affected by undue delays. In the same way, we advise against attending well in advance since, if you do so, you will have to wait outside the unit.

BRING IN THE ATTENDANCE PROOF

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Vithas San José Hospital, 4th floor
Vitoria-Gasteiz
01008

WHEN YOU ARRIVE AT THE HOSPITAL

Hospital staff will take your temperature and they will give you a mask you will have to put on instantly.

When you get to the fourth floor, we will take your temperature again and you will have to wash your hands with a hydroalcoholic solution.

At the reception, after giving your name, you will have to answer a questionnaire and sign an informed consent.

Next, a UCA-staff person will accompany you to the waiting room or to the corresponding consultation room.

DURING THE TREATMENT

Due to the current circumstances we will adapt the use of the instrumentation to each patient and his/her own pathology.

Avoid touching unnecessary furniture.

Protect yourself with your elbow and forearm in case you need to cough.

WHEN LEAVING THE HOSPITAL

You will have to wash your hands again with a hydroalcoholic solution.

Keep a safety distance of 2m in the hypothetical case that you meet another patient.

In the gap between patients all the surfaces will be cleaned with disinfectants.

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